

Kennolyn Camps

SUMMER 2009 RESIDENT CAMP PARENT PACKET



RESIDENT CAMP PROGRAM DESCRIPTION

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For more information, please contact us at:

Tel: (831) 479-6714 Fax: (831) 479-6718

Website: www.kennolyn.com

Email for office: camps@kennolyn.com

INTRODUCTION

WELCOME TO KENNOLYN!

Educating children (and we believe camp is a vital part of a child's education) takes the cooperation of us all. In our promotional materials and through this booklet, we explain our philosophies and policies, which have been developed over many years. If you have concerns, questions, or comments about your camper's upcoming experience at Kennolyn, please feel free to contact us. There is a form for you to let us know about your campers and share any concerns or insights. You may also send a separate letter to our Director, Andrew Townsend, if you choose. The more we know, the better equipped we are to ensure a successful camp experience.

Some of you are sending us your children for their first time away from home. We recognize special concerns that you may have. We have been working with children in camp for over 60 years. It is not uncommon for a first time camper to write homesick notes the first week, saying they don't like camp, want to come home, etc., but continue to write back with reassuring notes to help them make an effort to adjust. When writing, it helps to ask about the camp experience so far. Examples of questions: How are your activities? When do you go on Outpost and Beach Day? How is your counselor and cabinmates? Remember, telling campers you miss them, the dog misses them, etc. can be detrimental. NEVER tell campers that if they do not like camp, they can come home. Although this feels like a safety blanket, it helps you more than your camper. If a child has been promised that he or she can come home if they don't like camp, you then have to respond to that request and it's a no-win situation for you. **Please feel free to call us to discuss any situation.** Pat Veatch (in charge of Parent-Camper Relations) is a good person to call if you have any concerns. Andrew Townsend, Kennolyn's Director, also welcomes your calls and questions. If you'd like information regarding how to prevent homesickness (it's also great information just for getting you and your camper ready for camp), contact us and we'll send it to you.

Children should, and can, learn to overcome seemingly difficult situations. Life can't always be easy. What better place is there for children to learn to be away from home and to increase their sense of independence and self-reliance than here at Kennolyn Camps, where we all care and where it's a child's world! Please rely on our judgment in these new experiences, as we are here and can see the entire situation. If we honestly feel at any time that camp life is not the immediate answer, we will tell you. We want a successful, happy camp experience for your campers, too.

LOCATIONS

Kennolyn operates on two independent sites less than one mile apart. Resident Camp and Family Camp programs take place at Stone Creek Village. Day Camp is held at the Hilltop Hacienda. Some Resident Camp activities take place at the Hilltop Hacienda. Equestrian Campers live at the Stone Creek Village and ride each day at the Hilltop Equestrian Center.

LEADERSHIP TEAM

Following in the footsteps of our founders, Max and Marion Caldwell, (Uncle Max and Aunt Marion), the staff members that assume responsibility for the various camps are:

Name	Title and Extension
Pam Caldwell Nootbaar	Kennolyn General Manager, ext. 400, pam@kennolyn.com
Andrew Townsend	Camps Director, ext. 444, andrew@kennolyn.com
Carolyn Caldwell Folmar	Associate Director, ext. 453
John Connery	Day Camp Co-Director ext. 446 john@kennolyn.com
Mia Jackson	Office Coordinator, ext. 441, mia@kennolyn.com
Allison Lloyd/Cindy Hogg	Assistant Director, ext. 449 allison@kennolyn.com; cindy@kennolyn.com
Eric Stettmeier	E Marketing Coordinator, ext. 447 eric@kennolyn.com
Vicki Turegano	Bookkeeper, ext. 405, accounting@kennolyn.com
Pat Veatch	Parent-Camper Relations, ext. 452, pat@kennolyn.com
Chris Woodrow	Program Director, ext. 448 chris@kennolyn.com

I. A TYPICAL TWO WEEK SESSION AT KENNOLYN

Our day starts with the sound of the bell at 7:15 a.m. Morning routine includes a hot breakfast in the dining hall with the cabin group, and time to clean the cabin as a group and get ready for the day's activities. There are six scheduled activity days each 2-week session. Each camper has six one-hour activity periods every activity day and campers stay with their scheduled activities all session after an opportunity to perfect their schedule on day 2. At lunch, campers meet up with their counselor outside the dining hall for the second hearty meal of the day, and a short after-lunch break. Following afternoon activities, we retire for our Camp Siesta. All campers and counselors head to the cabin as a group for some quiet time, which may be spent reading, writing letters, drawing, playing quiet games, or napping. Campers have dinner with their cabin groups, and Family Hour, which is a block of time to be spent doing a special activity chosen by the cabin group. Common Family Hour pastimes are crafts, basketball or volleyball with another cabin, checking out board games from the store, and of course the swimming pool is always a popular destination.

To offset the busy activity days, we have off-site trips and special activity days, the most popular of which is Outpost. All cabin groups spend 24 hours in the woods each week, sleeping out under the stars and cooking their own meals over an open campfire. Many cabin groups go for hikes or spend the day building all kinds of exciting creations at their outpost site.

One morning each week is FREE CHOICE where campers can try activities they don't normally do or go back to do more of their favorite ones! On these days, afternoons are filled with other activities, such as the Boardwalk, Water Carnival, or Friday Fun-Day.

Each evening, special activities are planned for the entire camp. Twice a week we hold an all-camp campfire where we sing songs and cabins perform skits around the campfire. On other evenings, we schedule exciting activities such as a scavenger hunt, trivia night, and a dance/movie night. Bedtime is signaled by bugle calls. The first bugle plays at 8:30 to notify cabin groups that it is time to head back to the cabins. The 8:45 bugle means that it's time to start getting into bed. 9:00 is "Lights Out" for most campers. Senior Campers (8-9th graders) have a special nightly evening activity from 8:30 - 9:00 and start heading to bed when the activity is over.

When we have Beach Day, we dress in our Kennolyn T-shirts and have a leisurely breakfast followed by Sunday Inspirational - a reflective presentation on topics such as friendship, the environment, community, etc. After a relaxing morning we all get into our red or yellow swimsuits, go to the beach in chartered busses, roast hot dogs, swim in the surf, build sand castles, and relax in the sand. Beach Days are also "Nurse's Inspection Day", camp area cleanup day, and letter-writing day. A letter or postcard home is admission to Sunday dinner.

Our **one-week sessions** are a taste of camp life and are a modified version of the above schedule. One-week sessions include three or four activity days, one Outpost Day, and a special activity day.

II. ADMINISTRATIVE POLICIES AND HEALTH PROCEDURES

CANCELLATION & REFUND POLICY

Tuition must be paid in full by May 31st. Applications received after May 31st must be accompanied by full payment. Your billing statement contains details of moneys paid, tuition balance, and optional items to purchase. Cancellation Policy: If you have to cancel, the following refund policy applies:

Deposit and Refund Policy: **PLEASE READ AS IT HAS CHANGED**

Kennolyn has limited enrollment and can only accept a certain number of campers in each age group. Every application must be accompanied by the appropriate deposit: Resident Camp (incl. Leadership Program) \$500 per camper per session. Please send full payment with all applications submitted after May 31st. All Cancellations must be submitted in writing.

Resident Camp Refund policy.

Cancellation received before January 15th, no fee.

Cancellation received before March 31st, \$250 fee.

Cancellation received after March 31st but before May 31st, \$500 fee.

Starting June 1st we reserve the right to retain the entirety of the tuition, but at our discretion we can give the following refund options:

Cancellation for Medical issue with documentation from a physician \$250 fee

Cancellation for Personal issue; two options:

- 1) Rollover all tuition to the next summer, less a cancellation fee of \$250
- 2) Receive a 50% refund, camp retains 50%

In every program offered by Kennolyn, you will receive no refund if:

- 1) Your camper is dismissed from camp. We reserve the right to ensure the safety and well being of all campers and to dismiss a camper, without refund, for misconduct or unsociable behavior as determined by the Directors.
- 2) You choose to withdraw a camper for any reason before he / she has completed the entire session they were enrolled for.
- 3) You do not submit a complete state required health form by the required due date.

BILLING/ STORE ACCOUNT

Please be sure your account has been paid in full by May 31st regardless of the session you attend. Please note: Spending Money is required -- \$45 per two-week session and \$25 per one-week session. The store account is used as spending money while your camper is here. Our store does not sell cookies, candy, soda, etc. It does provide toothbrushes, hair ties, stationery, stamps, and other small necessities. The most popular item is a 10 cent ping pong ball. We also give the two-week campers some spending cash and ride tickets when we take a trip to the famous Santa Cruz Beach Boardwalk.

Store balances remaining after camp will be donated to the Max and Marion Caldwell Foundation or you can request a refund of the balance by completing a request form in the office. This non-profit charity was begun in honor of our founders and raises money to send kids who would otherwise not have the opportunity to come to camp. The MMCF sponsors campers not only at Kennolyn but also other accredited Northern California camps. If you'd like, For more information, please see their website www.caldwellfoundation.org.

TUITION REFUND INSURANCE

Kennolyn offers tuition refund insurance, which may be purchased directly through TravMark. Please visit www.travmark.com or call 800 358 0779 x221 for more information.

HEALTH & ACCIDENT INSURANCE

This supplemental policy is included in the cost of tuition, but does not take the place of your major medical coverage. We still need your complete health insurance information on the health form.

HEALTH CARE & MEDICATION

- For the continued safety of each camper, a new and up-to-date **Health History Form is required every year**. IT REQUIRES A DOCTOR'S SIGNATURE AND THE SIGNATURE OF PARENT OR LEGAL GUARDIAN IN ORDER FOR KENNOLYN TO TREAT YOUR CHILD. It must be received TWO WEEKS PRIOR to Opening Day. Up to date immunizations as currently recommended are required.
- There are two nurses on duty at Resident Camp at all times. Our nursing procedures are well established and are updated and maintained by our Health Manager.
- A local doctor who is on-call for us throughout the summer approves the policies. We have a modern, well-equipped Health Center where our nurses can take care of the most common camp ailments including minor cuts and bruises, fatigue, coughs and colds, etc. Sometimes all that is needed is a place to sit quietly for a few minutes or a hug from a caring nurse.
- To treat any more severe problems we have arrangements with numerous local health providers in all major specialties as well as the local hospital. We see many campers each day in the Health Center and the vast majority will be in and out in a few minutes. In those cases we would not automatically contact you unless we felt there was a specific need to do so. At a minimum, our nurses will contact you any time a camper is taken to an outside medical professional. In most cases we will contact you before the visit takes place and seek your input and approval. In cases of real emergency we will attempt



to contact you but will use our best judgment with regard to seeking treatment. We will continue efforts to contact you and bring you up to date with the steps taken with your camper. Beyond this circumstance, our nurses will use their professional judgment in communicating with parents.

- Those parents attending on Opening Day should plan to meet with the nurse. Prescription medication must be accompanied by written directions from a licensed physician. These may be the prescriptions on the original prescription label, a note made on the Health Form or a letter from the doctor. Do not send medication of any kind in a camper's bags or footlocker unless boxed and clearly labeled "CAMP NURSE".
- Special Note regarding allergies. We are aware of the increasing number of serious allergies that children face today. We are particularly familiar with nut and dairy allergies. Please note that we have successfully handled severely allergic campers in the past and are happy to work out a plan with you to minimize the risks your camper might face. Please note however, that this is a community experience and we do have some limitations on what we can do to minimize exposure. Please feel free to contact us and we will be honest with you about our ability to accommodate your needs.
- Special Note regarding West Nile Virus and Lyme Disease. We get some questions about these two specific insect borne diseases. West Nile has been detected in dead birds in Santa Cruz County. We monitor county, state, and federal resources on West Nile and we follow strict guidelines to "fight the bite." Our staff and campers are educated to reduce exposure to mosquito bites, and our Nurses monitor our campers' health throughout the session. Lyme Disease is carried by the Western Black Legged Tick. These ticks have been found in Santa Cruz County. Again, our first approach is prevention. You will notice, for example, that the recommended long sleeved outpost shirt in our Clothing & Equipment Catalog is Ash Grey instead of Kennolyn Green. This is so we can see the dark ticks (and other insects) against the light grey of the shirt. We always wear long pants and long sleeves when we are out in the woods and we stay on the trails to avoid unnecessary exposure to long grasses known to harbor the ticks. Counselors are trained and campers advised to look for ticks on the body and the nurses are immediately notified. Ticks are removed by a nurse, preserved, and submitted to the county health department for identification. Please pack Bug Repellant with a DEET content of 10-30% in line with recommendations from the Centers for Disease Control. We have never had a case of either at Kennolyn but want to be careful.

CABIN PLACEMENT

- We feel that adjusting to cabin group living is an important part of camp life. Camp is for making new friends and is one more step toward independence. Bunking with a special friend does not always work to a camper's advantage and sometimes is a definite disadvantage. We will not normally place more than two campers from the same neighborhood or school together as cliques are easily formed.
- All requests for special placement must be made on the "CABIN REQUEST FORM" or online through your account and received by JUNE 1ST. Parents please note: If you would like to confirm your cabin request, or if you have made an informal request by phone or note, please log into your online account and confirm that we have the correct camper's name under "cabinmate request".
- IF you feel that a special placement is a must, and IF the campers are the same age and grade, we will try to honor a request, but we cannot promise. Please bear with us as we try to simplify a very complex process.
- There are times where we cannot separate a group of three friends. Although it is our policy to only place two friends together there are occasions when we have no choice due to age and grade of the campers.

III. SPECIAL CONSIDERATIONS

OUTPOST

Since Kennolyn's very first summer, Outpost has been an important part of our program. All Resident Campers (except KC Select Equestrian Campers who do an overnight horseback ride instead) participate in Outpost each week. We believe strongly that Outpost camping in our beautiful redwood forest is one of the most memorable experiences a camper will have. Here are some things you should know about Outpost: Each cabin group has a campsite on our property. The distances to be hiked range from a few hundred yards for the youngest



campers to a mile or so for the senior campers. Campers leave at 4:30pm and return by 3:00pm the next day. Campers sleep on the ground under the trees and stars. The ground cloth on your packing list helps keep their sleeping bags clean. The campers carry their own sleeping bags out to Outpost so a heavy, bulky bag can be a real problem. Please send a compact sleeping bag with a stuff bag if possible. Campers and their counselors cook their meals over a real fire. We strongly suggest campers bring their own mess kit (available through our Clothing & Equipment Catalog). Outpost is a wonderful experience and rare opportunity for most children in today's fast-paced society. All Outpost activities are closely supervised by our staff under the direction of our experienced Leadership Team.

POISON OAK

There is poison oak in these beautiful Santa Cruz Mountains. We make an effort to keep the main hiking trails clear of poison oak, and we also see that campers shower and change clothing after hiking in the woods to prevent contraction of poison oak in the event of contact. With proper precautions and immediate attention, we have had very little trouble, but please inform us if your camper is unusually susceptible. Please send a long-sleeve lightweight cotton T-shirt for Outpost Day. The Clothing & Equipment Catalog has one for you to purchase if you wish.

BIRTHDAYS

Birthdays are very special and all the campers and staff love to celebrate them. If a camper is celebrating a birthday while at camp, parents may send favors for a table of 10 although they are not required (please do not send singing/balloon people). We always have a cake for the birthday camper and the entire camp joins in the celebration. The best time to call campers on their birthdays is usually 6:15 to 6:30 p.m., P.D.T., but due to special activities (such as the Beach, Boardwalk, Outpost, etc.) please call Pat Veatch, ext. 452 (Parent-Camper Relations) ahead of time to make sure your camper will be available. If you'd like, fruit or popsicles are acceptable birthday treats, if provided for the entire Camp and your camper may pass them out. Kennolyn will order these and they can be billed to your account: \$30.



IV. CAMP COMMUNICATIONS

LETTERS HOME

Parents can expect a postcard weekly from their camper's counselor. If your camper is entering 1st, 2nd or 3rd grade, you can expect a call from the counselor during each week of a two-week session, to give you an update. During one-week sessions, a postcard is mailed as soon as possible, but may still arrive after the camper is home. If, after receiving communications, there are any questions do not hesitate to write or call to speak to the



Directors. At the end of the session, the counselor will write a thoughtful letter to you regarding your camper's experience. This letter will be mailed after the camper goes home. Each camper is required to write a letter or card to his/her family at the midpoint of each two-week session. Please notify us if you for some reason are not receiving these communications. In some cases a counselor postcard may be replaced by an e-mail at our discretion.

TELEPHONE CALLS

Parents may call the Office (Ext. 440) or Pat Veatch, (ext. 452 Parent-Camper Relations) for special questions. If they are not available, please leave your number and the time you will be available for a call back. Please do not telephone the camp asking to have your camper call home. We believe strongly that contact with home can be very difficult for a camper and should be managed carefully. As mentioned above, we do make a routine exception in the case of a camper's birthday. Please talk to Andrew Townsend or Pat Veatch if you have any questions about this policy. Remember you can always call us if you have concerns or questions. We will check on your camper and give you our honest evaluation.

MAIL and FAXES

Campers enjoy receiving letters or postcards. We recommend that you try to get some sort of correspondence to your camper at least twice weekly. However, too much mail causes just as many problems as no mail. Faxes and e-mail will be given out with regular mail. (Please do not send faxes over two pages or fax the Sports Page or the Sunday Comics! We only have one fax machine for all business matters!) Please communicate with your camper by mail, fax, or email only (see information below). Campers will not have access to their own email accounts while at camp. We receive the camper email once daily. If you e-mail after 1:00pm, it is likely the camper will receive that message the following day. Please remember that despite the convenience of instant communications, campers especially enjoy handwritten letters that arrive by mail. Please keep in mind no e-mail or regular mail will be given out on the final Friday (Packing Day) and Saturday (Closing Day) of each session. We find the first night at camp (Sunday) can be the most difficult for some campers and many are worried about whether parents and family members made it home safely after dropping them off at camp. We will distribute mail on that first evening. So, you can leave a letter here when you drop off your camper or fax us **NO LATER THAN 5:00pm** on Opening Sundays and your camper will get your correspondence that evening. On Opening Day, do not use Parent Communicator as this first letter will not get to your camper until the following day. **KEEP IT SHORT-**"We made it home safely, you are going to have an amazing time at camp, we are so proud of you." **DO NOT** use this correspondence (or any other) to share your own insecurities about them being away from home. We all know you miss your children!

ONLINE PHOTOS and E-MAIL

This summer, we have decided to work with **Parent Communicator**, a company that specializes in online communities for summer camps. We found that using our own blog did not allow us to maintain the level of online security we feel is essential when we post pictures of our campers online. We have worked very hard to create a lasting relationship with Campwise, our online registration company, and therefore they have agreed to offer the basic services of Parent Communicator for free to Kennolyn families. This was important to us as we have always felt that access to pictures and e-mail should be free. Parent Communicator, similar to services such as Bunk 1 which we have used in the past, offers borders for emails and photos for purchase. **PLEASE NOTE** that we do not have a color printer. If you pay for borders and games for your camper's emails, they will be in **BLACK AND WHITE**. In the past, we have maintained a general e-mail address for campers but this year all e-mail should be sent through Parent Communicator. The link to the Parent Communicator service can be found on our website.

Please do not call if you do not see your child in the pictures we post online. The service is supposed to be a window through which you can see the overall camp experience. We do not promise your child will be standing in front of the window when you look through it! We will do our very best to post pictures five days a week and news updates twice a week.

CAMPER TO STAFF COMMUNICATIONS OUTSIDE OF CAMP - **VERY IMPORTANT!**

One of the beauties of enhanced communication technologies is the ease with which people can stay in touch. However, there are concerns that must be included in any policy regarding contact between campers and staff outside of camp. **We do not endorse or encourage staff to build personal relationships with campers (which includes CILTs, CITs, and JCs) outside of camp. Any effort to build such a relationship should a) be instigated by the camper and not the staff member and b) be done with the approval and supervision of the camper's parents.** We vouch for our staff when they are in the controlled environment that we create at camp. We cannot control their behavior outside of their period of employment with us. Please make sure that you are aware of any contact or correspondence between your child and any member of our camp staff. If you want to discuss any concerns with us at any time, please contact Andrew Townsend.

CAMPER-TO-CAMPER COMMUNICATION

Collecting addresses and promising to stay in touch is one of the time-honored rituals of summer camp. However, with so much instant communication we have to be more careful about how our children use the contact information we collect. We will continue to encourage campers to share their contact information and we also encourage parents to be aware at all times of a child's computer use. We want you to be safe on the Internet. Here is the best advice we have found about how to educate your child to respond to inappropriate communications.

If you receive a threatening e-mail, IM or message—one that is mocking, uses vulgar or harassing language—here is what you should do:

- a) *Do not respond to the message or retaliate, because it might encourage the sender or get you into trouble.*
- b) *Print out a copy of the message, then close it but **do not delete it.***
- c) *If possible, save the message to your hard drive or a jump drive.*
- d) *Tell your parents about it and have them decide what to do next. They may notify the local police or, if necessary, contact your Internet service provider (like yahoo, aol, earthlink, g-mail, etc.)*

Parents --If you suspect that the sender of the messages is someone connected to Kennolyn, please contact us immediately.

CARE PACKAGES-www.igotocamp.com PLEASE ORDER TWO WEEKS AHEAD TO ENSURE TIMELY DELIVERY.

After years of trying to manage packages, we have appointed IGOTOCAMP, as the supplier of care packages for Kennolyn Camps. Our biggest concerns with packages are the level of waste packaging and the amount of time we spend dealing with UPS, Fed-Ex, USPS, Airborne Express, DHL, etc. We also have to open each and every package to make sure the items being sent are appropriate and meet our guidelines (i.e. no food, etc.) This takes away from our time devoted to the campers. We also want to avoid situations where a camper gets an elaborate care package that makes the other campers feel left out. This results in letters home saying "how come I didn't get a cool package like my cabinmate." This can lead to even more elaborate packages. IGOTOCAMP packages are reasonable and include something to share with the whole cabin. IGOTOCAMP has a WELCOME PACKAGE that contains most of the essential personal items on our packing list. This saves you time and gives your camper a nice welcome to Kennolyn. Further information on the IGOTOCAMP service will appear on our website by May 20th or you may go to IGOTOCAMP's website: www.igotocamp.com. IGOTOCAMP donates a portion of it's sales to the Max and Marion Caldwell Foundation.

So, in providing this service through www.igotocamp.com, we are asking for your support in eliminating all other package deliveries. IGOTOCAMP offers a wide range of convenient options for fun care packages with direct delivery in simple, recyclable packaging. If you have any special requests or you do not like any of the pre-packaged options from www.igotocamp.com, you can ask them to create a special package. If there is something your camper must have while at camp, like a forgotten mouth retainer, please send the package to the office Attn. Pat Veatch, NOT to your camper. Pat will open the package and then distribute these few important items to your camper directly. Please note the item may not make it into the hands of your camper on the day it is received! Please understand that our office cannot sign for packages so be sure and sign the signature waiver. If you are sending magazines, or something else larger than a letter, please honor our request and use only the standard flat 12x9 envelopes available from UPS, Fed-Ex, and the Post Office. DO NOT INCLUDE FOOD! When food is kept in cabins or luggage, it invites insects, forest creatures, and creates camper envy. We will hold food that does arrive and you may pick it up in the Store on Closing Day.

STATIONERY AND STAMPS

For younger campers we suggest that parents send envelopes or postcards addressed and stamped for letters home. Even older campers appreciate having stamps, stationery, etc. Buying them at camp depletes their spending money account! (Note: We have found postcards often take longer to arrive than letters.) Please use your home address for the return address, not Kennolyn's address.

V. ACTIVITY INFORMATION

REGISTRATION

In order to give each Kennolyn Camper six choices, activity registration must be completed (for each session attending) before your camper's arrival to camp. You can register for your activities online or contact us and we'll send you the form. You can get to the online activity registration form in two different ways:

1. Login to your account at <http://www.kennolyn.com/camps/res/campwise.shtml>. Enter your login email and password and navigate to the activity selection.
2. Download an activity form from www.kennolyn.com which you can complete and return to us.

NEW FOR 2009 This year we are doing activities a little differently for a few key reasons. Sometimes campers sign up so early that they change their minds or forget completely what they have chosen by the time camp starts. In other cases, parents sign their campers up for activities, wanting to finish the enrollment process, and choose activities without their camper's input. And lastly, some campers get here and realize they'd like to try an activity they hadn't chosen -- and we want to encourage that sense of independence and choice!

So this year, we having the campers choose 3 activities plus their waterfront activity before camp, and the rest on the first day of camp, with the help of their counselors and activity counselors. We feel this gives everyone a chance to pick the things they know they want to do for sure, and some things that simply seem like fun on the spot. It will also ensure that we can provide scheduling for those activities that will be popular for that session, and try to accommodate everyone further. We think it's going to work out great and make our campers' experiences that much more memorable! As always we will also offer the opportunity to change out of a class on the second day of camp in a two-week session or on the first day of a one-week session.

NEW CAMPERS, we realize, you may find activity choices difficult. Use the enclosed activity descriptions, but **feel free to contact us with any questions** (831-479-6714). **Chris, our Program Director, will be happy to help with any questions** (831-479-6714 x448, chris@kennolyn.com). Families please discuss your activity choices carefully and understand changes are sometimes necessary. Our Program Director works hard to make sure ALL campers receive their most highly ranked choices, but in order to maintain our high standards and proper counselor to camper ratios, we do limit enrollment in certain activities. Campers receive their activity schedules Monday at camp and have three or four activity days each week. We encourage them to stick to their chosen schedule but if after one full day of activities they find a new program they are keen to try, we are happy to make changes, based on availability.

ACTIVITY CHANGE POLICY

While our hope is that all campers be satisfied with their activity schedules, we understand that there is always the possibility of a camper feeling that one of the activities they have chosen is not right for them. During a two-week session, the second activity day is 'change day.' We require that all campers adhere to their originally assigned activities on the first day. If, after a good try, a camper feels that they were unhappy or uncomfortable with an activity, we allow them the option to change. Campers may go to the Program Office and select a new age-appropriate activity with the help of the Program Director. Our philosophy is that campers of all ages should be entrusted with the opportunity to gauge their own interests and comfort levels. If there is a particular activity on your camper's preference list that you do **not** want them to have the option of switching out of, please list it in an email to chris@kennolyn.com. Be sure to include the camper's full name and dates of the session attending in your email.

DESCRIPTION OF ACTIVITIES AND KC SELECT OPTIONS

NOTE: This is not a complete listing of our activities. You will see a complete listing when you complete your camper activity registration. This can be done online, or by requesting a paper form. The following are descriptions of activities that are new, or that you may not be familiar with.

KC Select Programs (specialized programs with additional costs.)

These 6 specialized programs take multiple activity periods and incur an additional fee. They are optional and designed to offer a more intense focus on a specific activity with professional instruction.

Surfing

Sessions 1 & 4 only. Incurs additional fee of \$550. Campers entering 7th grade or older can learn to surf with local professional instructors. All equipment is provided including boards and wetsuits. Campers will learn surfing technique and etiquette in one of the world's foremost surfing communities. This activity takes up three daily

activity periods and, in order to take advantage of optimum surf conditions, will leave camp before regular activity times.

Trapeze

Sessions 1 and 2 only. Incurs an additional fee of \$220. A real flying trapeze is set up on our play field. Trained instruction will emphasize safety, fun, and rapid skill development. The campers wear a safety harness and there is a net below the trapeze. The campers will learn to flip and hang by their knees, swing to catch the instructor's hands, and eventually learn to flip back onto their swing! This activity takes up 1 activity period (one-hour per activity day, six activity days per session) option for those who want to focus on developing skills and having fun on the flying trapeze. Trapeze is available for 2nd graders and up.

Adventure

Session 2 only. Incurs additional fee of \$550. Campers entering 6th grade and older may participate in an exciting blend of on and off-site adventures. Campers will participate in on-site adventure activities including: climbing on our huge climbing wall, challenging themselves on the ropes course, mountain biking, hiking Nisene Marks Park, survival skills, and orienteering. They'll also go off-site each week for a two-night adventure outing, and get the chance to try surfing or rafting!

Soccer

Session 3 only. Incurs an additional fee of \$220. We will play each activity day at a beautiful soccer field in Soquel Village, just a few miles from camp. Skill development in all major areas of the game will be offered for campers in 4th grade and up. This activity takes up two daily activity periods.

International Fencing

Session 3 only. Incurs an additional fee of \$220. Fencing has long been popular at Kennolyn and now we have a chance to go further than before with the addition of the Fencing Select option. This group will meet three hours each activity day (six activity days per session) for advanced instruction using primarily the foil (but will also be exposed to other weapons including epee and saber.) This program will be directed by Eric Momberg, Prevost at the High Desert Fencing Alliance and a former Kennolyn counselor, with assistance from our 15 year returning Hungarian fencing coach Miklos Rasovzky. This program will offer beginning and intermediate level options. All equipment is provided but for those campers eager to continue fencing outside of camp, we offer a purchase option so that you can have equipment fitted to your specifications. Contact andrew@kennolyn.com for more details. We do recommend campers bring a pair of fencing shoes but this is not required. Fencing is available for 3rd grade and up.

Equestrian Camp

Session 4 & 5 only. Incurs an additional fee of \$550 for Session 4 and \$300 for Session 5. For riders 5th grade and up. Equestrian Camp is for those who want their Kennolyn experience to be riding intensive. We have a long history and tradition in our Equestrian Program. We do mostly English riding with Western trail rides. The campers are placed the first day into the appropriate skill level, and then spend the session riding twice a day, as well as taking horsemanship and vaulting classes. One highlight is the Overnight Ride, where campers pack up the horses to ride out to our special Soquel Creek Outpost site. All of the Equestrian Campers sleep in cabins together (one for boys and one for girls). If you would like more information on Equestrian Camp, please contact us for the Equestrian Camp Parent Packet.

Kennolyn Activities: We have included here only the activities that may need some explanation. If you have questions about any activity not described here, please feel free to contact us. We are happy to explain any of our activities in detail.

Babysitting

We are offering the American Red Cross Babysitter's Training Program, which is an excellent opportunity to prepare young people for the many responsibilities associated with caring for infants and young children. This

program is intended for youth grades 5th and up, providing them with a range of skills. It includes Safe Play, Basic Care, Check-Call-Care, and First Aid for Breathing Emergencies, First Aid for Bleeding Emergencies and the Business of Babysitting.

Chess

This ancient game of strategy is making a comeback and is once again very popular with children of all ages. Learn the basics or advance your understanding of strategy and game winning moves. Includes friendly tournament play.

Ropes Course I

The ropes course is a challenging activity for campers going into the 5th-7th grades. The activity begins on our low ropes course, where campers do new games, challenges, and low ropes elements. These activities help to develop the skills, the confidence, and the group support needed for the high ropes course. For the high ropes course campers head for the tree tops to try challenges like the High Y, Flying Squirrel, Team Beam, Burma Bridge, Balance Log, Pamper Pole, Vine Traverse, and the Zip Line, a favorite of most campers.

Ropes Course II

This activity is for campers, 5th-7th grades, who are interested in spending more time on the ropes course. With an extra activity hour, campers will be able to spend more time on the high ropes course and take full advantage of this exciting activity. Campers will also receive more instruction in belaying and rope handling skills. This activity will take 2 periods of the activity day, but still only counts as one choice on the preference sheet when registering for activities.

Junior Ropes Course

The Junior Ropes Course is a specially designed adventure activity for campers who are going into 1st-4th grades. Campers who choose this activity will use Kennolyn's Junior Ropes Course, which incorporates elements such as a Log Crossing, Vine Traverse, and the Plank Walk, all built with younger campers in mind. This is a perfect stepping-stone to our adventure programs introducing campers to the equipment and challenges of ropes courses. In addition to work on the course, campers will play new games and challenge themselves on low course elements like the "Double Trouble", the "Mohawk Walk", and an infamous "Ants on a Log".

Hilltop Ropes Course

This activity is open only to senior campers and CILT's. The Hilltop Ropes Course is located at the Hilltop Hacienda site and is the largest of Kennolyn's three high ropes courses. This activity takes up 2 periods of the activity day. As with all our ropes course activities, the campers begin on the ground engaged in games, initiatives and low ropes elements then move on to the high elements. With the extra time, campers learn about most aspects of the ropes course, including setting up, belaying, managing transfers, and element take down.

Climbing

For campers entering the 3rd grade and over, this activity is designed to develop strength and agility. Taught on our state-of-the-art climbing wall, this activity is very popular. Campers move through traversing activities designed to stimulate movement, develop balance and increase kinesthetic awareness. Included in the instruction are basic climbing protocol and procedures as well as belay techniques, which lead to climbing in a very safe and controlled environment.

It is important to note that our specially trained staff closely supervises all Ropes Course and Climbing activities, under the direction of our Ropes Course Coordinator. Equipment is inspected daily and replaced regularly. Safety is our primary concern!

Mountain Biking

For campers going into 6th grade or over. Riding the trails through Kennolyn's Redwood Forest requires strength and determination, but those campers who take this activity are able to see Kennolyn from a unique perspective.

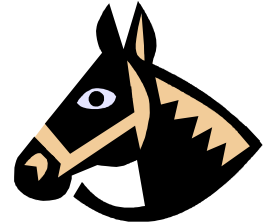
Our instructors are fully experienced and the bicycles and safety equipment are of the highest quality. We recommend some bike experience but Mountain Biking is offered to all ability levels.

Outdoor Adventure

Kennolyn's 300 acres of redwood forest provide a wonderful classroom in which campers can learn about the world of nature. In this age of environmental awareness, what better place to discover an understanding of the Earth's beauty. Campers, led by enthusiastic and knowledgeable instructors, hike through the forest learning much as they go. Following animal footprints, collecting bones, learning to love nature's creatures; all these are part of the wonderful world of Outdoor Adventure. Our instructors are also able to offer a wide-range of games and team-building activities ideal for the outdoors.

Riding Program (all riding classes are two periods long)

Riding is an integral part of the Kennolyn tradition. The high standards of equestrian instruction available tempt nearly all our campers to enjoy a riding activity. For the large majority of our campers we have classes, which combine English and Western riding styles. Campers alternate between English riding in the ring and Western on the trail. We feel it is important for campers to learn both styles. However, for campers who are experienced English riders with advanced skills, we offer ring only classes that include jumping.



Vaulting

If campers are unsure or nervous about riding, or are experienced and are looking for a new challenge, we have the perfect solution -- Vaulting. Vaulting, or gymnastics on horseback, is enjoying a speedy growth in popularity throughout the United States. Specially trained horses are lunged in a circle while campers learn to mount and perform gymnastic routines. It is great confidence booster and a safe, exciting way to overcome any fear of horses. Of course, experienced riders also enjoy the challenge of vaulting and can put together routines for parent's day.

Basic Water Rescue

Basic Water Rescue is for campers entering the 5th grade and older. It is a great opportunity to get a head start on Red Cross Life Guard skills and increase knowledge of water safety in and around the waterfront. The campers will learn how to prevent drowning and diving accidents, increase leadership and communication skills necessary for being a lifeguard, and will develop an understanding of the basics of emergency response techniques. This is also a great opportunity for the campers to start getting into "Lifeguard Shape!" Fitness and swimming skills will be incorporated and help the campers develop the strength and confidence to perform lifesaving techniques.

Skin Diving

This activity is for campers who are interested in learning the basic skills necessary for skin diving. Campers will learn proper breathing technique, how to clear a mask, etc. Although most classes are conducted in the pool, we provide an optional trip to Pt. Lobos State Park in Carmel where campers get a chance to skin dive in a protected cove and see sea life such as starfish, crabs and sea otter. We provide all necessary equipment.

Scrapbook and Journaling

Create a wonderful keepsake of your camp experience with this fun class. Each camper will get a chance to create a scrapbook with photos and embellishments. You will also have some instruction in expressive writing and will be encouraged to keep a camp journal. Take home your scrapbook at the end of camp.

Silk Painting

In this class, campers will concentrate on one silk painting project such as a scarf or wall hanging. Emphasis will be placed on technique and range of color. Campers will be introduced to different kinds of applications such as colored resist, shading techniques using rubbing alcohol, and background preparation. This class will be fun for campers who have already enjoyed silk painting and want to do more, as well as new campers who have an interest in focusing on one art project. Grades 5 and up.

Jazz Dance

This class is offered for different levels of dancers. Beginners have little to no experience with dance, but should enjoy popular music and have a basic sense of rhythm. Campers that choose Intermediate/Advanced should have at least one year of experience taking jazz dance on a weekly basis at home. Some basic skills should include a single pirouette, leaps and kicks, chassé, chaîné and pique turns, pas de bourré. Also, they should be able to remember and perform at least eight counts of a dance.

Please use the following riding and swimming levels as a guide when registering for activities. Use your best judgment and our EQ Coordinator and Waterfront Coordinator will make any necessary adjustments required once the camper is at camp.

RIDING LEVELS:

Sign up for Beginning Riding if:

- You have little experience on or around horses
- You don't take riding lessons at home
- You need help mounting a horse

Sign up for Advanced Beginning Riding if:

- You can mount a horse without any help
- You know how to ride a horse around a circle
- You can post the trot
- You have ridden at camp before

Sign up for Intermediate Riding if:

- You can post and sit the trot comfortably
- You know how to canter
- You know the jumping position and have begun to jump small fences
- You have taken English riding lessons every week for at least one year

Sign up for Advanced Riding if:

- You have taken English lessons every week for at least two years **OR**
- You can walk, trot and canter with or without stirrups
- You can jump a course of fences over 2'
- You have competed in horse shows or combined training events
- You can tack up a horse without any help

AMERICAN RED CROSS SWIMMING LEVELS:

Beginners:

Beginning swimmers are in the first stage of getting comfortable with the water. If the swimmer is not able to swim 10 yards of both front and back crawl unsupported, they should probably be in beginning level swimming.

Advanced Beginners:

The Advanced Beginner must be able to:

- Swim ten yards unsupported front crawl
- Swim ten yards unsupported back crawl
- Float or glide unsupported for 5 seconds on front and back
- Explore deep water using bobs or other underwater swimming
- Turn over from front to back and back to front
- Swim the length of the pool

Intermediates:

The Intermediate swimmer must be able to:

- Complete all skills from Advanced Beginners successfully
- Be familiar with rotary (side to side) breathing
- Perform front glide and back glide with push-off for 10 feet
- Reverse direction while swimming on front
- Do elementary backstroke kick for ten yards
- Dive from the side of the pool in kneeling or compact position
- Tread water for 60 seconds
- Swim the length of the pool twice
- Demonstrate front crawl, back stroke, and breast stroke

Advanced:

The Advanced swimmer must be able to:

- Complete all skills from Intermediates successfully
- Swim 25 yards front and back crawl with rotary breathing
- Tread water for 2 minutes using modified scissors, modified breaststroke and/or rotary kicks
- Demonstrate turning at the wall
- Perform elementary backstroke for 25 yards
- Perform breast stroke for 25 yards
- Perform scissor kick for 25 yards
- Swim 100 yards front and back crawl with rotary breathing (4 lengths)

EQUIPMENT

Kennolyn supplies most of the necessary equipment for the activities offered. However, for some activities there are required items that we cannot provide and in some circumstances due to size, etc., selection of our equipment may be limited. Campers bringing their own sports or activity equipment do so at their own risk.

Archery and fencing equipment is provided by Kennolyn. If a camper wants to bring his or her own equipment for these activities, they must get prior approval from the Camps Director and the items must be kept in the Store and checked out for use during approved activity periods. NO riflery equipment is allowed to be brought from home. Following is a list of the activities that may require additional equipment.

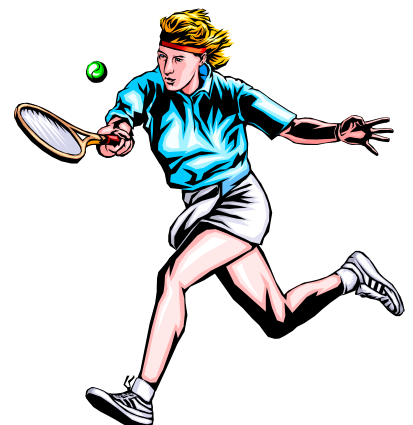
*** SWIMMING/BEACH DAY**

It is recommended that campers have at least two swimsuits. Please send one-piece bathing suits only. Bikinis are not appropriate for camp. One must be a one-piece red or yellow suit for Beach Day (these colors make our campers easily identifiable to our beach lifeguards). Red Swim Team suits are good and our Clothing & Equipment Catalog has styles for you to choose. For all water activities it is also recommended that the swimsuits be practical in style so movement and participation are not restricted.

*** RIDING**

Kennolyn has riding boots and hard hats to fit campers from ages 6-14.

- **RIDING BOOTS** are required for all riding activities as a safety factor. If you choose to bring your own, we suggest a flat slip-on boot that can also be used for walking and hiking. No crepe soles please. Rubber riding boots are a great compromise and much less expensive. Local Pony Clubs and stables often have used boots for sale. (If you have outgrown your boots, feel free to donate them to our "Bootery".)
- **HARD HATS** are required for horseback riding as a safety factor. If you already own one or want to buy one before camp, please make sure the hat has the current approved safety tag (SEI) inside the crown.
- **CLOTHING** - All campers must wear long pants in all riding activities. Jeans or riding breeches are the appropriate attire.



* TENNIS

Kennolyn provides racquets but if your camper prefers to bring their own, please make sure it is labeled with your camper's name. Tennis shoes are required on the courts.

* BACKPACKING TRIP

This is an optional off-property trip available during two-weeks session to campers entering 4th grade and up. Sign-ups are taken after the campers arrive. Your camper will already be bringing most of the necessary items -- a sleeping bag suitable for packing, a plastic ground cloth, 2 pairs heavy socks and an inexpensive or disposable camera (optional). Kennolyn supplies rigid frame backpacks, but if you have your own with which you are more comfortable, please bring it along. Correct fit is very important for comfortable hiking. You may want to add hiking boots (comfortable and well broken in) or extra tennis shoes to their packing list.

VI. OPENING AND CLOSING DAYS

OPENING DAY IS ALWAYS SUNDAY FROM 1:00 P.M. TO 3:00 P.M.

PLEASE DO NOT ARRIVE BEFORE 1:00 P.M. We are not prepared to greet campers until then. Parents are then invited to meet the cabin counselors and tour the camp facilities, or if they wish, to leave right after they dropped their campers off. We ask that all parents leave by 3:00 pm, when we gather the whole camp together on the lawn to begin our session.

CLOSING DAY IS ALWAYS SATURDAY.

We invite our families to arrive at camp NO LATER THAN 8:30 A.M. Parents, grandparents and friends are invited to spend the morning watching their campers in activities then stay for a picnic lunch. Closing Day is very important for campers because they look forward to showing their parents around camp. They also demonstrate many of the activities in which they have participated during the session. Please be sure you arrive on time so your campers are not left wondering where you are. Many of our parents find it convenient to spend the previous night in a local hotel (see recommendations on page 21). If you know you will be arriving after the day's activities begin, please let your camper know in a letter or e-mail before Closing Day. You should allow up to 30 minutes to park, load luggage and get to the area where your camper will be waiting. **Please wear comfortable shoes so that you can wander around camp easily!**

Campers here for four weeks or longer may have family visitors or go out overnight in the middle weekend of their stay. WRITTEN PERMISSION IS REQUIRED FROM A CAMPER'S PRIMARY CUSTODIAL PARENT(S) FOR HIM/HER TO LEAVE CAMP WITH ANOTHER PERSON.

CLOSING DAY PARKING

Due to the limited parking at the Stone Creek Village, the location of our Resident Camp, we will send out an email the day before Closing Day to let you know if there are any special circumstances concerning parking. In the past we have done things such as asking parents of older campers to park elsewhere at Kennolyn and take the shuttle, organizing parking by last name, leaving your keys in your vehicle for us to move it, etc. We will let you know if we have a need to do this before you arrive. **Keeping this in mind, PLEASE WEAR COMFORTABLE, CASUAL SHOES that you can walk on trails/gravel/lawn in.**

OPENING AND CLOSING DAYS ARE OUR ONLY VISITING DAYS

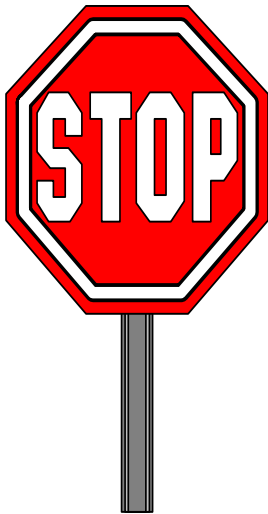
Please remember to keep your pets at home (we can't accommodate dogs with all of the excitement of camp). It is very disruptive when you request to take a child out of camp for a special event during the session. Please only do this in special and unavoidable situations.

VII. CLOTHING AND PACKING GUIDELINES

One of our primary goals at Kennolyn is to ensure the overall well being of all campers and staff. For this reason it is critical that we work with parents to ensure that all items brought to camp are appropriate to the Kennolyn community. Please be aware of these guidelines. We urge you to pack with your camper or at least review their choice of items to bring to camp. Some of the items we don't want at camp are not because of safety concerns but are items that distract campers from the benefits of an outdoor camp experience.

- Note about pocketknives: A pocketknife is not required or necessary to participate in Outpost or any other camp activity. A small pocketknife is acceptable but must be checked in with the counselor on Opening Day and can then be used on Outpost and in other suitable situations.

Technology items. As technology advances, we must continually ask ourselves "what is best for the camp community." We feel that children can easily handle a couple of weeks away from their favorite movies, websites, and TV shows. We also need to be aware that we live in an extremely close environment where personal privacy is limited. **For this reason, a clearly recognizable camera is the only form of still photo or video device acceptable at camp. We do not want to see inappropriate pictures taken on a cell phone, for example and quickly distributed.** Any item on the list below found in a camper's possession on Opening Day will be taken to the office for safe storage until Closing Day. If an item is hidden and then found by a staff member later in the session, the item will be taken to the office and the camper's parents will be contacted. A camper may face dismissal in this circumstance. Please do not allow your camper to bring any of the following items to camp:



- Cell Phones, Pagers, PDAs, etc.
- Mini TVs.
- Gameboys and video games.
- Dogs, pets, and animals of any kind are also prohibited and would need to be collected by parents immediately if found at camp.

IPOD/MP3 players - We are aware that as technology progresses, more and more devices have multiple uses. We have thought about this a great deal. We initially welcomed the original cassette walkmans because they provided a private way for campers to enjoy music during quiet times at camp. Now we face small devices that play music, video, and games. Our concerns are 1) that these can be a distraction from the essence of camp, 2) they are easily lost, misplaced, or "borrowed" causing unnecessary distress, and 3) inappropriate images and videos could easily be stored on them and shared around camp. We have decided that it is not possible for us to insist on music only ipods. Instead we will focus on supervision and ensure that use of these items meets our community guidelines.

Over the years Kennolyn has had very little trouble with illicit items being brought to camp but it is something we have to be aware of. We have adequate procedures in place to handle unexpected circumstances but we raise these issues only as a precaution. It will be no surprise to anyone that the following items are prohibited and possession or use of items on this list will result in a camper's dismissal from camp:

- Firearms or dangerous weapons of any kind.
- Illegal drugs, tobacco, alcohol, solvents/inhalants, etc.

On Opening Day each camper's belongings will be unpacked from his/her trunk by his/her counselor. Items will be checked against the **packing list provided by parents**. This unpacking will not commence until after 4:00pm, when all the parents have departed. To ensure the safety of all campers we reserve the right to insist that all items brought to camp be unpacked at this time. A counselor has to be aware of everything his/her campers have

brought to camp. A camper has the right to request privacy during this unpacking process if he/she feels uncomfortable unpacking in front of the other campers. In this case the camper and the counselor will unpack all items out of sight from the rest of the cabin. We also reserve the right to conduct a search of a camper's belongings at any time if our staff has reason to believe that the camper's health and welfare or the health and welfare of any member of our camp community is threatened by items believed to be in his/her possession. **Special Note to parents. Please supervise your camper's packing. We will unpack each camper item by item and will find and remove anything that is not conducive to our camp community. Please help your camper avoid a poor choice of what to bring to camp and the potential embarrassment of having the item removed for the duration of camp.**

GROOMING & DRESS:

- **IMPORTANT NOTE:** The job of keeping track of campers' clothing is a tremendous one. Help us keep losses at a minimum by using nametags and labeling everything. We do laundry weekly in all sessions, including one-week sessions. Use your best judgment and the clothing list as a guideline.
- Kennolyn is a wonderful place for children to discover themselves, but we do not believe that it is a place suited for dramatic self-expression through fads and fashion. We do not wish for clothing to be a focus at Kennolyn, so we ask campers to follow a simple, easily enforced dress code. **It is important for parents to support this dress code. Please do not bring campers to Kennolyn wearing or having packed clothing that does not reflect these community standards.** If a camper does arrive at camp with inappropriate clothing, we will work with the camper and family to make sure they can get replacement clothes that do fit our standards.

ISSUES THAT ARE RELEVANT TO BOYS AND GIRLS:

- Tank tops straps must be at least 2 inches wide. No spaghetti straps or halter tops. No low necklines.
- Make sure clothes completely cover underwear.
- Please keep **jewelry** to an absolute minimum. Nothing may be worn in any pierced body part except ears (stud ear rings are allowed, **ABSOLUTELY no dangling earrings - too dangerous**). Expensive jewelry should be left at home. Kennolyn can not and will not be held responsible if jewelry is lost or stolen.
- No exposed midriffs. Shirts should reach the top of pants.
- No excessive low cut pants or excessively tight clothing
- **Any logos or images** on your clothing must not display, advocate, or imply drug, alcohol, or tobacco usage. Logos or wording should not be sexual or political in nature. Remember, everything must be "K" rated.
- For safety reasons, long hair must be tied back or styled in braids or pigtails during the day. It can be worn down after dinner.
- Hats, visors and caps are fine, but please remove them in the Caldwell Lodge.
- No hanging chains on the outside of clothing - again, this is a safety issue.
- Please avoid any style of dress that is associated with particular group or affiliation. No gang style clothing, punk, goth, grunge, or any other mode of dress that represents an identifiable sub culture. If you are not sure, ask before coming to camp. We want your camper to be comfortable here, so please talk to us about any concerns.
- Decent **footwear** is required at all times. Tennis shoes, sneakers, hiking shoes/boots are appropriate for most camp activities. Sandals and flip-flops can only be worn to and from the pool and to the beach. Our terrain is hilly. Stubbed toes and falls are avoidable hazards.
- Please leave **expensive or formal outfits** at home. Camp is a place for simplicity, so please pack accordingly. We get dirty!
- Please make sure **hair** is a natural color. Light highlights are fine but please no dyed green hair (or any other non-natural color).
- **OF INTEREST TO GIRLS:**
One-piece **bathing suits** are required. No bikinis, tankinis, or excessively low cut or revealing swimsuits. Keep **make-up** to a minimum. Camp is a place for the natural look.
- **OF INTEREST TO BOYS:**
Regular swim shorts are suitable for camp, no Speedo-type swim briefs.

REQUIRED CLOTHING ~ KENNOLYN SWEATSHIRTS AND T-SHIRTS:

- Two T-shirts and one sweatshirt are required (one of each for one-week sessions and Equestrian Camp). Sweatshirts and T-shirts with the camp emblem are used on Sundays, Special Days and excursions away from Kennolyn. These must be purchased through the Clothing & Equipment Catalog. If you have extra Kennolyn shirts that have been outgrown, please bring them to Kennolyn. Please do not give them to Goodwill, etc. Our campers feel a special affinity with their "Kennolyn Green" so we prefer to recycle and reuse these items at camp rather than see them sold on to people who did not attend Kennolyn. Plus, we want our campers to be the only ones wearing the shirts off campus... it's what makes us match for safety!

PACKING SUGGESTIONS:

- Don't forget to send along the completed Packing List (separate form enclosed). A list consisting of everything brought to camp is mandatory. Please remember that this is a camp: send well-used towels and clothing. Kennolyn is not responsible for expensive clothing of any kind. We do not offer any dry cleaning or ironing services.
- NAME TAPES: Please label all clothes and personal articles, toothbrushes, cameras, etc. with camper's name (full name please, not initials). Name labels may be ordered through our Clothing & Equipment Catalog.
- LAUNDRY: For health and safety reasons, we require each camper to use the laundry service while they are here. Laundry is done once each week, but there is no ironing. Campers should change their T-shirts, socks and underwear daily. Campers for riding, hiking, etc, use Jeans or long pants. Young campers may need extra jeans. Shorts are worn on occasion for tennis, etc. Due to the enormous amount of laundry, Kennolyn cannot be responsible for expensive clothing that needs special handling, or for items lost or damaged.
- FOOTLOCKER: Most campers use a small footlocker (not over 14"high) that can be pulled in and out from under the bed is very helpful for storing clothing. It can be purchased at Target or similar store or ordered from the Clothing & Equipment Catalog. A large duffle bag or suitcase may be used. Hard sided containers are easier to keep organized, but use your best judgment as to what your camper needs.
- GROUND CLOTH: A light plastic cloth, approximately 6" x 8", is to be used on the ground under the sleeping bag for any overnights. Drop cloths or plastic shower curtains are acceptable (items available through the Clothing & Equipment Catalog).
- SLEEPING BAGS: Kennolyn has double-decker bunk beds with mattresses, but campers must provide sleeping bags and pillows. Do not bring bulky bags. These are very difficult for campers to roll and carry to Outpost, our weekly outdoor overnight program. A sleeping bag with a sack works best. An extra blanket is good for rest period and on cold nights, to throw inside or on top of your camper's sleeping bag.

ADDITIONAL ITEMS DEPENDING ON THE NEED:

- BOOKS: Campers should bring a favorite book to read during rest period.
- CAMERAS: A camera is great to have. Please do not bring an expensive one! We suggest the disposable type as an option. Be sure to bring along enough extra film. Campers love to take pictures and film is expensive for them to buy at Camp. If you prefer a digital camera, it must look like a camera so people know when you are taking pictures. No cell phone cameras.
- IPOD/MP3 Player: These may be played in cabins but ONLY with earphones! They may NEVER be played on the grounds, at the pool, beach or Outpost. We like to be able to listen to the sounds of the woods and to each other.

VIII. ONLINE CLOTHING & EQUIPMENT CATALOG - follow

the link <https://wstwndid.securesites.com/login/login.html>

Login: kennolyn Password: horses (all lower case)



Our t-shirt supplier, Westwind Identity Products, has developed a website which includes only those items which Kennolyn campers could genuinely use and are sometimes hard to find such as quality footlockers, red bathing suits, and laundry bags. Kennolyn T-shirts and sweatshirts are also available. Westwind is owned and operated by a family of former Kennolyn campers and staff so we have every confidence that they will offer excellent quality and service. For more information on Westwind, please call them at (408) 866-7000 x19. Remember to order t-shirts early, especially if traveling to camp by bus or plane. A portion of the commissions earned on these items, are designated to the Max and Marion Caldwell Foundation.

Please note: Westwind offers their service as a convenience only. Apart from the Kennolyn shirts, which are obviously only available through our supplier, nothing on this list below or in the catalog has to be purchased through Westwind. Please contact our camp office for a paper copy of the catalog, which is available for anyone without internet access. **Please note that if you do not order your shirts ahead of time, you will have to order them at camp - and pay a \$15 overnight shipping fee!**

- Kennolyn T-Shirts
- Red Bathing Suit (Boys and Girls)
- Kennolyn Sweatshirts
- Disposable Camera
- Kennolyn Baseball Cap
- Flashlight
- Kennolyn Note Pad and Pen Set
- Blanket (acrylic and wool options)
- Laundry Bag
- Water Bottle
- Ground Cloth
- Name Tags and Tapes
- Toilet/Amenity Bag
- Footlocker (Trunk)
- Sleeping Bag
- Outpost Kit
- Long Sleeved Outpost Shirt

IX. AGE-GROUP PROGRAMS

Junior Campers

These are campers entering the first, second and third grades. In order to meet the special needs of our youngest campers, we provide the following as part of the Junior Camper program:

- A maximum of six campers per cabin (the regular cabin maximum is eight).
- One Counselor and one Junior Counselor living in each cabin.
- Counselors will call the parents of each camper once per week.
- Extra help getting from activity to activity if needed.
- Special recognition on Closing Day.
- A special evening activity planned just for the Junior Campers each session.

SENIOR CAMPERS

The Senior Camper Program is very popular at Kennolyn. Campers entering eighth and ninth grades have the opportunity to take part in special activities planned exclusively for them. Like all Kennolyn Campers, Senior Campers will be a part of a cabin family with a counselor, and will take part in regularly scheduled camp activities. In addition, however, they enjoy increased interaction with their peers in other cabins. In addition to all of our regular activities, the Senior Camper Program offers the following:

- Activity periods reserved for their age group in certain activities.
- Nightly evening activities enjoyed by the entire Senior Camper program for half an hour after the other campers have gone to bed.
- A special Senior Camper Barbecue up at the Hilltop Hacienda.

- An additional day at the beach for just the Senior Campers.
- The opportunity to learn about Kennolyn's Leadership Training Program, a three-year program for campers entering 10th - 12th grades interested in eventually becoming Kennolyn Counselors.

X. TRAVEL DETAILS

LOCAL OVERNIGHT ACCOMMODATIONS FOR PARENTS

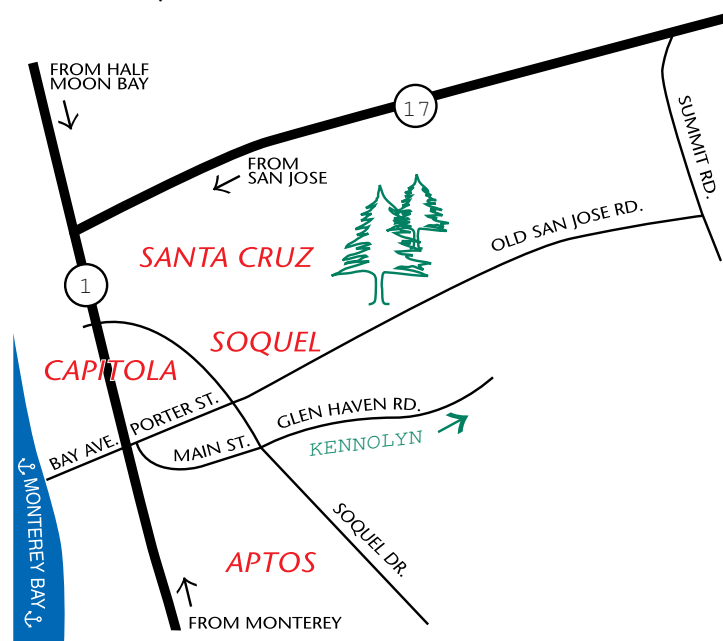
If you plan to stay overnight in our area when picking up or dropping off campers, remember that Santa Cruz is a resort area so it is important to make reservations early. There are many fine accommodations close to Kennolyn. To learn about the area near Kennolyn, you can visit the website of Santa Cruz Visitor's Center at www.santacruzca.org. You may want to consider these two hotels -- Best Western Seacliff Inn (800-367-2003 or locally 831-688-7300), located just off Highway 1 in Aptos and only a few miles from the Kennolyn exit or Chaminade (831-475-5600), six miles from Kennolyn and two miles from Highway 1 in Santa Cruz. Chaminade is a full service hotel on spacious grounds with comfortable accommodations in a very beautiful setting. Chaminade also provides a shuttle service from the San Jose and San Francisco Airports.

CAMPER TRANSPORTATION

Campers come to Kennolyn from all over California, other states and other countries. If you are not bringing your camper to camp, it is **IMPORTANT** that you complete the reservation form for bus or plane transportation. Pat Veatch will contact you if your camper is flying in, and provide check in phone calls on the day they arrive and depart.

AUTOMOBILE DIRECTIONS

From the Bay Area: Take Highway 17 south, take the Highway 1 exit south to Watsonville/Monterey. Continue on Highway 1 to the BAY-PORTER exit. Go left under the freeway. Take immediate right at the stop light onto Main Street. Main Street becomes Glen Haven Road. Continue approximately four miles. **DAY CAMP** is on the left at the Hilltop Hacienda and **RESIDENT CAMP** is on the right at Stone Creek Village.



OPTIONAL ROUTE

When driving south on Highway 17, to avoid Weekend beach traffic, we suggest taking the off-ramp at SUMMIT ROAD. Turn off to the right and continue back over the highway on the overpass. Turn left at the stop sign. You are now on Summit Road. Go past Loma Prieta School one mile and take abrupt right onto Old San Jose Road. When you reach Soquel, turn left on Soquel Drive. Go one block, turn left on Main Street and continue up Main Street, as in previous directions.

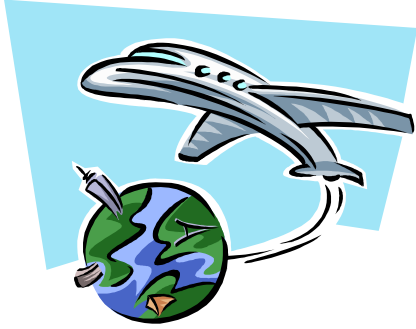
CHARTERED BUS

Many of our campers from the Bay Area take the chartered bus to camp. Kennolyn provides a bus on Opening Days (6/21, 6/28, 7/12, 7/26, 8/2, and 8/16). The bus services the following communities: Orinda, San Francisco, San Mateo, and Palo Alto. Reservations can be made on the bus transportation form and must be accompanied by \$20 bus fare. We must have all the reservations at least 2 weeks prior to the beginning of your camp session so we can

arrange for an adequate number of buses and escorts. If there are not enough campers to justify the bus we will cancel two weeks before the session starts. We do not have bus service available on Closing Days.

COMMERCIAL PLANE

It is absolutely necessary for you to fill out the flight form we have available. Without that paperwork, we will not be able to pick up your camper. Our ability to help your camper with their luggage may be rather limited due to recent changes made to airport security. To avoid the delays that this may cause, you may want to consider shipping your camper's trunk directly to Kennolyn via UPS. That way the process of traveling via plane will be simplified for everyone. Please also include a return postage sticker for the shipment home, if applicable.



Please remember that campers should have Kennolyn's name and address with them so that they and all airline personnel are aware of their final destination. A picture ID from school or one you have created with their name and address is the perfect thing! A copy of their passport is also a great option. Please be assured that we will meet your child at the airport and get them to camp. We will follow all procedures and safety guidelines in doing so. You can send your

child to camp confident that they will be escorted through the airport procedures with as few delays as possible. When booking a flight please arrange for flights to the San Jose International Airport arriving between 10am and Noon. Kennolyn provides an escort, wearing a green Kennolyn shirt or jacket, to meet campers after they deplane.

All campers arriving by any form of transportation other than automobile **must arrive in a Kennolyn shirt** so they can be easily identified. Please order early from our Clothing & Equipment Catalog.

If you are traveling by plane with your camper, car rentals are easily available at San Jose and San Francisco airports. San Jose to Kennolyn is about a 50 minute drive and from San Francisco a 1-1/2 hour drive.

On Saturday Closing Days, we encourage you to pick up campers and enjoy spending the morning with us at camp. If this is not possible, Kennolyn transportation will leave for the airport after breakfast. Please schedule return flights between 9 to 11am from San Jose (whenever possible). Please make sure that all fees and paperwork associated with an "unaccompanied minor" are complete with the airline and provide us with the details. The policies are different for each airline, so we will need you to arrange for any signatures or payment needed from the parent/guardian.

XI. IMPORTANT CHECKLIST FOR PARENTS

HAVE YOU...

- SIGNED AND SENT IN YOUR HEALTH HISTORY FORM? (Due 2 weeks before camp)
- SIGNED UP FOR YOUR ACTIVITIES AT www.kennolyn.com OR RETURNED THE ACTIVITY REGISTRATION FORM? (Due before camper arrives at camp)
- INCLUDED CABIN REQUEST FORM? (Optional - return as soon as possible. Due June 1st.)
- MADE YOUR FINAL PAYMENT OF TUITION AND INCIDENTALS? (Due May 31st)
- MADE ALL TRANSPORTATION ARRANGEMENTS? (Due 2 weeks before camp)
- PROVIDED CAMP WITH ANY CHANGED EMERGENCY CONTACT INFO? (Due 2 weeks before camp)
- ORDERED CABIN PICTURES AND/OR YEARBOOK (Optional - refer to billing statement)
- MARKED ALL OF YOUR CAMPERS' CLOTHES WITH TAGS?
- INCLUDED YOUR PACKING LIST WITH CAMPERS' BELONGINGS?
- ORDERED ANY DESIRED CARE PACKAGES FROM www.igotocamp.com? (Due 2 weeks before camp)
- ARE YOU TRAVELING WHILE YOUR CAMPER IS AT CAMP? PLEASE LEAVE YOUR ITINERARY WITH THE OFFICE!

XIII. FORMS

Forms are available on our website at www.kennolyn.com. The forms marked with an * below can also be requested through our online registration system, Campwise: <http://www.kennolyn.com/camps/res/campwise.shtml>.

The Medical History and Waiver: The Medical Forms and Waiver are absolutely required. This includes 4 pages of "Form 1" for you to fill out, and 1 page "Form 2" for your physician to complete and sign. It must be completed each year and have a physician's signature. We must have these forms 2 weeks before your camper arrives here at Kennolyn.

***Activity Sign up Form:** If you do not complete this before your camper arrives, they will choose their activities on their first day here at camp. Please keep in mind that activities are assigned on a first come, first served basis, so if there is an activity your camper is really hoping to try, it is best to submit it early. **You can access your activity choices online by signing in, clicking "Activities", selecting a session, and then "Show Details".** Please be advised that unless you sign the waiver in the center of the activity form, your camper is required to choose a waterfront activity. It's hot here in the summer! **NOTE Leadership Campers:** If you are a CILT, please choose at least 6 activities. If you are a CIT or JC, you do not need to choose any activities. Those who have chosen **KC Select:** these options do take time out of your activity selections, but please make selections anyway. We will work

around your KC select activity. Those who are doing the **KC Select Equestrian Camp (sessions 4 and 5, see pg 11)** option do not need to choose any other activity.

***Cabin Request Form:** OPTIONAL If your camper has a friend coming to camp during the same session, and they are the same grade, we can place them in the same cabin. We need this form completed from BOTH families involved. Even if you have submitted the form, we CANNOT promise that the campers will be assigned together. If we cannot honor a request you have made, we will call you to discuss an alternative solution. **You can review your camper's cabin request form by signing in and clicking "Cabinmate Requests."**

Packing List: Please use this form to pack your campers things. **Please enclose the list with each item accounted for in your camper's luggage.** We will then inventory the list again when your camper leaves. It is important that you help us with this so that we can avoid a large amount of lost and found items. Please refer to the packing suggestions on pg. 18 for further details.

***Camper Special Information and Profile:** OPTIONAL This is a chance for you to write a letter directly to your child's counselor. Give us any detail you think is important for us to know. You will complete the Health Form, but do you want to remind us about an allergy? Is there medication we need to make sure they receive from the nurse? What motivates them? Your camper's counselor will be the adult they spend the most time with while they are here, so it is a great idea to let them know. **You can give us this information on the camper special information form, or by signing into your online account, clicking "Programs", "Show Details", and then "Revise Profile".**

Airport Shuttle Request: If your camper is flying to or from camp, we MUST have this form before your camper arrives! Please see the notes on commercial flights in this packet. You can review/change flight information through your online account, but we ask that you please complete the physical form if we are responsible for picking up your camper from the airport.

***Bus Transportation Request:** We will pick up your camper from the Bay Area and deliver them to Kennolyn on Opening Day only. The cost is \$20. We meet campers at the Orinda Bart Station, the Palace of Fine Arts in San Francisco, the Park and Ride lot at I-280 and Edgewood Rd. in the San Mateo area, or the Park and Ride lot at I-280 and Page Mill Rd in the Los Altos area. If you would like us to pick up your camper, please complete this form and return it to us 2 weeks before your camper comes to camp. **You can also sign up through your online account by clicking "Transportation" and selecting your session.** Please also add the charge of \$20 under "other charges" to avoid a later bill.